

Strengthening Green Tea Leave in Conditioner

Ingredients:

½ cup brewed green tea (cooled)

2 tablespoons olive oil

1 tablespoon apple cider vinegar

5 drops peppermint essential oil

Instructions:

1. Brew a cup of green tea and let it cool completely.
2. In a bowl, combine the cooled green tea, olive oil and apple cider vinegar.
3. Add the peppermint essential oil and mix well.
4. Transfer the mixture to a spray bottle for easy application.
5. After Washing, spray the leave in conditioner onto damp hair.
6. Gently comb through your hair to distribute evenly.
7. No rinsing required.