

Eczema Cream Ingredients

2 tbsp shea butter

1 tbsp beeswax

2 tbsp calendula infused oil

1 tsp vitamin E oil

25 drops manuka essential oil

15 drops lavender essential oil

- Add the first 3 ingredients to a double boiler. If you don't have a professional double-boiler, a simple steam double boiler made with a regular cooking pot and aluminum or glass bowl, will do.
- When all of the solids have melted, remove the mixture from the heat.
- Add the 1 tsp of vitamin E oil, and the essential oils.
- Stir to combine.

While still hot, distribute the liquid mixture into your round metal container.

- Let cool for 15 minutes.
- Close the lids and label.
- When you use the cream, massage it into your skin with circular motions.